

Lasso Healthcare Growth MSA offered by Lasso Healthcare Insurance Company

Annual Notice of Changes for 2022

You are currently enrolled as a member of Lasso Healthcare Growth MSA. Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**
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What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - It's important to review your coverage now to make sure it will meet your needs next year.
 - Do the changes affect the services you use?
 - Look in Section 2 for information about benefit and cost changes for our plan.
- Think about your overall health care costs.
 - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
 - How much will you spend on your premium and deductibles?
 - How do your total plan costs compare to other Medicare coverage options?
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area.
 - Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plan-compare website.
 - Review the list in the back of your *Medicare & You 2022* handbook.
 - Look in Section 3.2 to learn more about your choices.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2021, you will be enrolled in Lasso Healthcare Growth MSA.
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

4. ENROLL: To change plans, join a plan between **October 15** and **December 7, 2021**

- If you don't join another plan by **December 7, 2021**, you will be enrolled in Lasso Healthcare Growth MSA.
- If you join another plan by **December 7, 2021**, your new coverage will start on **January 1, 2022**. You will be automatically disenrolled from your current plan.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Member Services number at 1-866-766-2583 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., seven days a week from October 1 through March 31, and Monday through Friday from April 1 through September 30.
- If you would like this information in another format, please contact Member Services.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at: www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Lasso Healthcare Growth MSA

- Lasso Healthcare is an MSA plan with a Medicare contract. Enrollment in Lasso Healthcare depends on contract renewal.
- When this booklet says "we," "us," or "our," it means Lasso Healthcare Insurance Company. When it says "plan" or "our plan," it means Lasso Healthcare Growth MSA.

Summary of Important Costs for 2022

The table below compares the 2021 costs and 2022 costs for Lasso Healthcare Growth MSA in several important areas. **Please note this is only a summary of changes.** A copy of the *Evidence of Coverage* is located on our website at www.lassohealthcare.com. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Cost	2021 (this year)	2022 (next year)
Monthly plan premium	\$0	\$0
Yearly deposit	\$2,000	\$2,000
Yearly deductible	\$5,000	\$5,000
All Medicare-covered services	<p>Until you meet your yearly deductible, you pay up to 100% of the Medicare-approved amount.</p> <p>After you meet your deductible, you pay \$0 for Medicare-covered services.</p>	<p>Until you meet your yearly deductible, you pay up to 100% of the Medicare-approved amount.</p> <p>After you meet your deductible, you pay \$0 for Medicare-covered services.</p>

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SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Lasso Healthcare Growth MSA in 2022

If you do nothing to change your Medicare coverage by December 7, 2021, we will automatically enroll you in our Lasso Healthcare Growth MSA. This means starting January 1, 2022, you will be getting your medical coverage through Lasso Healthcare Growth MSA. If you want to, you can change to a different Medicare health plan. You can also switch to Original Medicare. If you want to change plans, you can do so between October 15 and December 7. If you are eligible for “Extra Help,” you may be able to change plans during other times.

The information in this document tells you about the differences between your current benefits in Lasso Healthcare Growth MSA and the benefits you will have on January 1, 2022 as a member of Lasso Healthcare Growth MSA.

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Annual Deposit

Cost	2021 (this year)	2022 (next year)
Annual Deposit	\$2,000	\$2,000

Section 2.2 – Changes to the Annual Deductible

Cost	2021 (this year)	2022 (next year)
Annual Deductible	\$5,000	\$5,000

Section 2.3 – Changes to the Monthly Premium

Cost	2021 (this year)	2022 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		

Section 2.4 – There are No Changes to Your Benefits or Amounts You Pay for Medical Services

Our benefits and what you pay for these covered medical services will be exactly the same in 2022 as they are in 2021.

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your *2022 Evidence of Coverage*.

Opioid treatment program services

Members of our plan with opioid use disorder (OUD) can receive coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:

- U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications.
- Dispensing and administration of MAT medications (if applicable)
- Substance use counseling
- Individual and group therapy
- Toxicology testing
- Intake activities
- Periodic assessments

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in Lasso Healthcare Growth MSA

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Lasso Healthcare Growth MSA.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2022 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,
- -- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, there may be a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read the *Medicare & You 2022* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Lasso Healthcare Growth MSA.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan and disenroll from Lasso Healthcare Growth MSA. Enrolling in the new drug plan will not automatically disenroll you from Lasso Healthcare Growth MSA. To disenroll from Lasso Healthcare Growth MSA you must send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).
- To **change to Original Medicare without a prescription drug plan**, you must send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2022.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 8, Section 2.2 of the *Evidence of Coverage*.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. SHIP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans.

State Health Insurance Assistance Programs (SHIP) – Contact Information	
Alabama Alabama State Health Insurance Assistance Program (SHIP) RSA Tower, 201 Monroe Street, Suite 350, Montgomery, AL 36104 http://www.alabamaageline.gov/	800-243-5463 TTY 711
Alaska Alaska Department of Health and Human Services 550 W. 7th Ave., Suite 1230, Anchorage, AK 99501 http://www.medicare.alaska.gov	800-478-6065 TTY 711
Arizona Arizona State Health Insurance Assistance Program (SHIP) 1789 W Jefferson St (Site Code 950A), Phoenix, AZ 85007 https://des.az.gov/services/older-adults/medicare-assistance	800-432-4040 TTY 711
Arkansas Arkansas Senior Health Insurance Information Program (SHIIP) 1200 W 3 rd St, Little Rock, AR 72201-1904 https://insurance.arkansas.gov/pages/consumer-services/senior-health/	800-224-6330 TTY 711
Delaware Delaware Medicare Assistance Bureau (DMAB) 1351 West North Street, Suite 101, Dover, DE 19904 https://insurance.delaware.gov/divisions/dmab/	800-336-9500 TTY 711
District of Columbia Health Insurance Counseling Project (HICP) 500 K Street, NE, Washington, D.C. 20002 https://dcoa.dc.gov/service/dc-state-health-insurance-assistance-program-ship	202-727-8370 TTY 711
Florida Serving Health Insurance Needs of Elders (SHINE) 4040 Esplanade Way, Suite 270, Tallahassee, FL 32399-7000 http://www.floridashine.org/	800-963-5337 TTY 800-955-8770
Georgia GeorgiaCares - State Health Insurance Assistance Program (SHIP)	866-552-4464 TTY 711

2 Peachtree Street N.W., 33 rd Floor, Atlanta, GA 30303 http://www.mygeorgiacares.org/	
Hawaii Hawaii State Health Insurance Assistance Program (SHIP) Executive Office on Aging, Hawaii State Department of Health, No. 1 Capitol District, 250 S Hotel St, Ste 406, Honolulu, HI 96813 https://www.hawaiiiship.org/	888-875-9229 TTY 711
Illinois Senior Health Insurance Program (SHIP) One Natural Resources Way, Suite 100, Springfield, IL 62702-1271 https://www2.illinois.gov/aging/ship/Pages/default.aspx	800-252-8966 TTY 711
Indiana State Health Insurance Assistance Program (SHIP) 311 W Washington St, Ste 300, Indianapolis, IN 46204-2787 https://www.in.gov/idoi/2495.htm	800-452-4800 TDD 866-846-0139
Kansas Senior Health Insurance Counseling for Kansas (SHICK) New England Building, 503 S Kansas Ave, Topeka, KS 66603-3404 http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick	800-860-5260 TTY 711
Kentucky State Health Insurance Assistance Program (SHIP) 275 E. Main St., 3E-E, Frankfort, KY 40621 https://chfs.ky.gov/agencies/dail/Pages/ship.aspx	877-293-7447 TTY 711
Louisiana Senior Health Insurance Information Program (SHIIP) 1702 N. Third Street, P.O. Box 94214, Baton Rouge, LA 70802 http://www.ldi.la.gov/consumers/senior-health-shiip	800-259-5300 TTY 711
Maryland State Health Insurance Program (SHIP) 301 W Preston St, Ste 1007, Baltimore, MD 21201 https://aging.maryland.gov/Pages/state-health-insurance-program.aspx	800-243-3425 TTY 711
Massachusetts Serving Health Insurance Needs of Everyone (SHINE) One Ashburton Place, 5 floor, Boston, MA 02108 https://www.mass.gov/health-insurance-counseling	800-243-4636 TTY 800-439-2370
Minnesota Minnesota State Health Insurance Assistance Program (SHIP) Minnesota Board on Aging, P.O. Box 64976, St. Paul, MN 55164 https://mn.gov/board-on-aging/direct-services/senior-linkage-line	800-333-2433 TTY 711
Mississippi State Health Insurance Assistance Program (SHIP) 200 S Lamar St, Jackson, MS 39201	601-359-4500 TTY 711

http://www.mdhs.ms.gov/adults-seniors/services-for-seniors/state-health-insurance-assistance-program/	
Missouri CLAIM, State Health Insurance Assistance Program (SHIP) 1105 Lakeview Avenue, Columbia, MO 65201 http://missouriclaim.org/	800-390-3330 TTY 711
Montana Montana State Health and Insurance Assistance Program (SHIP) 1100 North Last Change Gulch, 4 th Floor, Helena, MT 59601 https://dphhs.mt.gov/sltc/aging/ship.aspx	800-551-3191 TTY 711
New Hampshire New Hampshire State Health Insurance Assistance Program (SHIP) - ServiceLink Resource Center https://www.servicelink.nh.gov/medicare/index.htm	866-634-9412 TTY 711
New Mexico New Mexico ADRC - State Health Insurance Assistance Program (SHIP) 2550 Cerillos Road, Santa Fe, NM 87505 http://www.nmaging.state.nm.us/	800-432-2080 TTY 505-476-4937
Nevada State Health Insurance Assistance Program (SHIP) 3416 Goni Road, Suite D-132, Carson City, NV 89706 http://adsd.nv.gov/Programs/Seniors/SHIP/SHIP_Prog/	800-307-4444 TTY 711
North Carolina Seniors' Health Insurance and Information Program (SHIIP) Albemarle Building, 325 N Salisbury St, Raleigh, NC 27603-5926 https://www.ncdoi.gov/consumers/medicare-and-seniors-health-insurance-information-program-shiip	855-408-1212 TTY 711
North Dakota State Health Insurance Counseling Program (SHIC) 600 E Blvd Ave, Bismarck, ND 58505-0320 https://www.insurance.nd.gov/shic-medicare	888-575-6611 TTY 800-366-6888
Ohio Ohio Senior Insurance Information Program (OSHIIP) 50 W Town Street, Suite 300, Columbus, OH 43215 https://insurance.ohio.gov/wps/portal/gov/odi/consumers/medicare	800-686-1578 TTY 711
Oklahoma Senior Health Insurance Counseling Program (SHIP) 400 NE 50 th Street, Oklahoma City, OK 73105 https://www.oid.ok.gov/consumers/information-for-seniors/senior-health-insurance-counseling-program-ship/	800-763-2828 TTY 711

<p>Oregon Senior Health Insurance Benefits Assistance (SHIBA) P.O. Box 14480, Salem, OR 97309 http://www.oregonshiba.org</p>	<p>800-722-4134 TTY 711</p>
<p>Pennsylvania Pennsylvania Medicare Education and Decision Insight - PA MEDI 555 Walnut St, 5th Floor, Harrisburg, PA 17101-1919 https://www.aging.pa.gov/aging-services/medicare-counseling/Pages/default.aspx</p>	<p>800-783-7067 TTY 711</p>
<p>Rhode Island Senior Health Insurance Program (SHIP) 25 Howard Ave., Building 57, Cranston, RI 02920 http://oha.ri.gov/</p>	<p>401-462-3000 TTY 401-462-0740</p>
<p>South Carolina State Health Insurance Assistance Program (SHIP) 1301 Gervais Street, Suite 350, Columbia, SC 29201 http://www.aging.sc.gov/</p>	<p>800-868-9095 TTY 711</p>
<p>South Dakota Senior Health Information and Insurance Education (SHIINE) 700 Governors Drive, Pierre, SD 57501-2291 http://shiine.net/</p>	<p>Eastern South Dakota: 877-331-4834 TTY 711</p> <p>Central South Dakota: 877-331-4834 TTY 711</p> <p>Western South Dakota 877-286-9072 TTY 711</p>
<p>Texas Texas Health Information, Counseling and Advocacy Program (HICAP) 701 West 51st Street, MC: W275, Austin, Texas 78751 https://hhs.texas.gov/services/health/medicare</p>	<p>800-252-9240 TTY 711</p>
<p>Utah State Health Insurance Assistance Program (SHIP) 195 N 1950 W, Salt Lake City, UT 84116 https://daas.utah.gov/seniors/#shiip</p>	<p>800-541-7735 TTY 711</p>
<p>West Virginia State Health Insurance Assistance Program (SHIP)</p>	<p>877-987-4463</p>

1900 Kanawha Blvd. East, Charleston, WV 25305 http://www.wvship.org	TTY 711
Wyoming Wyoming State Health Insurance Information Program (WSHIIP) 106 W Adams Ave, Riverton, WY 82501 http://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program	800-856-4398 TTY 711

SECTION 6 Programs That Help Pay for Prescription Drugs

The law does not allow Medicare Advantage MSA plans to offer Medicare prescription drug coverage. If you have a Medicare MSA plan, you can, however, also join a Medicare prescription drug plan to get coverage. Any money that you use from your MSA savings account on drug plan deductibles or cost sharing will **not** count towards your MSA plan deductible, but it will count towards your drug plan's out-of-pocket costs. If you are interested in enrolling in a Medicare prescription drug plan or to see what plans are available in your area, visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. Generally, unless you are new to Medicare or meet a special exception, you can only join during the Medicare fall open enrollment period, which occurs from October 15 to December 7.

Please note that you may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don't even know it. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
 - Your State Medicaid Office (applications).
- **Help from your state's pharmaceutical assistance program.** The State Pharmaceutical Assistance Program (SPAP) is a program called that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (SHIP) (the name and phone numbers for this organization are in Section 5 of this booklet).

- Alabama: Alabama Rx Card
- Alaska: Alaska Rx Card
- Arizona: Arizona Rx Card
- Arkansas: Arkansas Drug Card
- Delaware: Delaware Prescription Assistance Program
- District of Columbia: DC Rx Card
- Florida: Florida Rx Card
- Georgia: Rx Outreach
- Hawaii: Hawaii State Pharmacy Assistance Program (SPAP)
- Illinois: Illinois Rx Card
- Indiana: HoosierRx
- Kansas: Kansas Drug Card
- Kentucky: Kentucky Prescription Assistance Program (KPAP)
- Maryland: Maryland Senior Prescription Drug Assistance Program (SPDAP)
- Massachusetts: Massachusetts Prescription Advantage
- Minnesota: Minnesota Drug Card
- Mississippi: Mississippi Drug Card
- Missouri: Missouri Rx Plan
- Montana: Montana Big Sky Rx
- New Hampshire: New Hampshire Rx Card
- New Mexico: New Mexico Drug Card
- Nevada: Nevada Senior Rx Program
- North Carolina: North Carolina Drug Card
- North Dakota: North Dakota Rx Card
- Ohio: Ohio Drug Card
- Oklahoma: Rx for Oklahoma
- Oregon: Oregon Prescription Drug Program
- Pennsylvania: Pennsylvania's Prescription Assistance Programs for Older Adults
- Rhode Island: Rhode Island Pharmaceutical Assistance for the Elderly (RIPAE) Program
- South Carolina: South Carolina Drug Card
- South Dakota: South Dakota Rx Card
- Texas: Texas HIV Medication Program – The Texas THMP State Pharmacy Assistance Program (SPAP)

- Utah: Utah Drug Card
- West Virginia: West Virginia Rx Card
- Wyoming: Wyoming Medication Donation Program (WMDP)
- **What if you have coverage from an AIDS Drug Assistance Program (ADAP)?** The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance. Note: To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number.

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call ADAP.

AIDS Drug Assistance Program (ADAP) – Contact Information	
Alabama Alabama AIDS Drug Assistance Program, HIV/AIDS Division, Alabama Department of Public Health http://www.alabamapublichealth.gov/hiv/adap.html	866-574-9964
Alaska Alaska AIDS Assistance Association https://www.alaskan aids.org/client-services/aids-drug-assistance-program-adap	800-478-AIDS
Arizona Arizona Department of Health Services https://www.azdhs.gov/preparedness/epidemiology-disease-control/disease-integration-services/index.php#aids-drug-assistance-program-home	800-334-1540 or 602-364-3610
Arkansas Arkansas Department of Health, HIV/STD/Hepatitis C, ADAP Division https://www.healthy.arkansas.gov/programs-services/topics/ryan-white-program	501-661-2408
Delaware Thomas Collins Building http://www.ramsellcorp.com/medical_professionals/de.aspx	302-744-1050
District of Columbia District of Columbia Department of Health, HIV/AIDS, Hepatitis, STD, and TB Administration, AIDS Drugs Assistance Program https://dchealth.dc.gov/DC-ADAP	202-671-4900 or 202-671-4815 (DC ADAP Hotline)

Florida HIV/AIDS Section http://www.floridahealth.gov/diseases-and-conditions/aids/adap/index.html	850-245-4422
Georgia Georgia Department of Public Health, Health Protection, Office of HIV/AIDS https://dph.georgia.gov/health-topics/office-hivaids/hiv-care/aids-drug-assistance-program-adap	404-656-9805
Hawaii Harm Reduction Services Branch https://health.hawaii.gov/harmreduction/about-us/hiv-programs/hiv-medical-management-services	808-733-9360
Illinois Illinois ADAP Office https://www.dph.illinois.gov/topics-services/diseases-and-conditions/hiv-aids/ryan-white-care-and-hopwa-services	800-825-3518
Indiana Indiana State Department of Health. HIV/STD Viral Hepatitis Division https://www.in.gov/isdh/17740.htm	866-588-4948
Kansas Kansas AIDS Drug Assistance Program https://www.kdheks.gov/sti_hiv/ryan_white_care.htm	785-296-6174
Kentucky Kentucky HIV/AIDS Care Coordinator Program (KHCCP) https://chfs.ky.gov/agencies/dph/dehp/hab/Pages/services.aspx	866-510-0005
Louisiana Louisiana Health Access Program (LA HAP) https://www.lahap.org/	504-568-7474
Maryland Maryland AIDS Drug Assistance Program https://health.maryland.gov/phpa/OIDPCS/CHCS/pages/madap.aspx	410-767-6535
Massachusetts Massachusetts HIV Drug Assistance Program (HDAP) http://crine.org/hdap	617-502-1700
Minnesota HIV/AIDS Programs, Minnesota Department of Human Services https://mn.gov/dhs/people-we-serve/adults/health-care/hiv-aids/programs-services/medications.jsp	651-431-2414
Mississippi Office of STD/HIV, Care and Treatments Division https://msdh.ms.gov/msdhsite/_static/14,13047,150.html	601-362-4879 or 888-343-7373
Missouri Bureau of HIV, STD, and Hepatitis, Missouri Department of Health and Senior Services https://health.mo.gov/living/healthcondiseases/communicable/hivaids/casemgmt.php	573-751-6439

Montana Montana Ryan White HIV Treatment Program https://dphhs.mt.gov/publichealth/hivstd/treatment/mtryanwhiteprog	406-444-3565
New Hampshire DHHS - NH CARE Program http://www.dhhs.nh.gov/dphs/bchs/std/care.htm	603-271-4502 or 800-852-3345
New Mexico HIV Services Program https://www.nmhealth.org/about/phd/idb/hats/	505-476-3628
Nevada Office of HIV/AIDS https://endhivnevada.org/end-hiv-nevada-program/nevadas-aids-drug-assistance-program-adap/	702-274-2453 (M. Thomas Blissett, ADAP Coordinator)
North Carolina North Carolina HIV Medication Assistance Program (NC HMAP) https://epi.dph.ncdhhs.gov/cd/hiv/hmap.html	877-466-2232 or 919-733-9161
North Dakota North Dakota Department of Health, Division of Disease Control https://www.ndhealth.gov/hiv/RyanWhite/	701-328-2378 or 800-472-2180
Ohio Ohio AIDS Drug Assistance Program (ADAP), HIV Client Services, Ohio Department of Health https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Ryan-White-Part-B-HIV-Client-Services/AIDS-Drug-Assistance-Program/	800-777-4775
Oklahoma HIV/STD Services Division, Oklahoma State Department of Health https://oklahoma.gov/health/county-health-departments/noble-county-health-department/clinic-services/hiv-std.html	405-271-4636
Oregon CAREAssist Program https://www.oregon.gov/oha/ph/DiseasesConditions/HIVSTDViralHepatitis/HIVCareTreatment/CAREAssist/Pages/index.aspx	971-673-0144
Pennsylvania Pennsylvania Department of Health, Special Pharmaceutical Benefits Program https://www.health.pa.gov/topics/programs/HIV/Pages/Special-Pharmaceutical-Benefits.aspx	800-922-9384
Rhode Island Executive Office of Health & Human Services http://www.eohhs.ri.gov/Consumer/Adults/RyanWhiteHIVAIDS.aspx	401-462-3295
South Carolina SC Drug Assistance Program/Insurance Assistance Program https://scdhec.gov/aids-drug-assistance-program	800-856-9954

South Dakota South Dakota Department of Health, Ryan White Part B CARE Program https://doh.sd.gov/diseases/infectious/ryanwhite/	800-592-1861 or 605-773-3737
Texas Texas HIV Medication Program (THMP) https://www.dshs.texas.gov/hivstd/meds/	800-255-1090 or 737-255-4300
Utah Utah Department of Health, Bureau of Epidemiology http://health.utah.gov/epi/treatment/	801-538-6191
West Virginia Jay Adams, HIV Care Coordinator https://oepe.wv.gov/rwp/pages/default.aspx	304-232-6822
Wyoming Wyoming Department of Health, Public Health Sciences Section Communicable Disease Unit https://health.wyo.gov/publichealth/communicable-disease-unit/hiv/resources-for-patients/	307-777-7529 (Debi Anderson, CDU Unit

SECTION 7 Questions?

Section 7.1 – Getting Help from Lasso Healthcare MSA

Questions? We're here to help. Please call Member Services at 1-866-766-2583. (TTY only, call 711.) We are available for phone calls 8 a.m. to 8 p.m., seven days a week from October 1 through March 31, and Monday through Friday from April 1 through September 30. Calls to these numbers are free.

Read your 2022 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2022. For details, look in the 2022 *Evidence of Coverage* for Lasso Healthcare Growth MSA. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.lassohealthcare.com. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.lassohealthcare.com.

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read *Medicare & You 2022*

You can read the *Medicare & You 2022* handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.